

AAEM Young Physician Section Publishing Guide

The goal of this resource is to help members navigate submitting their work for publication. We hope to eliminate fears associated with submitting research! We encourage you to use this guide to help you select the best journal and simplify the process of submission. When in doubt, reach out to a mentor for help.

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What Types of Work Can Be Published?

There are many ways to publish. Consider the below categories before delivering your work.

1. Research Articles

- a. Original research manuscript or brief research reports (representing preliminary data demonstrating the need for additional investigation)

2. Review Articles

- a. Clinical review articles or systematic review/metanalysis

3. Commentary

- a. Editorials on controversial matters in emergency medicine or discussion about a single study
- b. Consider an op-ed if you have not completed your own research but still want to move medicine forward by asking critical questions and making your own observations. An op-ed can also serve as a teaser for your own research for when it is completed.

4. Case Reports/Case Series

5. Submissions to conferences

- a. Consider submitting abstracts, poster presentations, or for a talk

6. Magazine articles

- a. Consider emergency medicine magazines like AAEM's *Common Sense* or *ACEP Now*
 - i. Instructions for Authors:
 1. [Common Sense](#)
 2. [ACEP Now](#)

7. Narrative Medicine

- a. Submitting work in medical humanities or narrative medicine can be a great way to express yourself and publish.
- b. Consider the blogs, online sources or publications like the examples below:
 - i. [Emergency Medicine News](#)
 - ii. [Emergency Physicians Monthly](#)
 - iii. [Journal of the American Medical Association \(JAMA\)](#)
 - iv. [MedPage Today](#)
 - v. [New England Journal of Medicine \(NEJM\)](#), Medicine and Society Section

Just Getting Started?

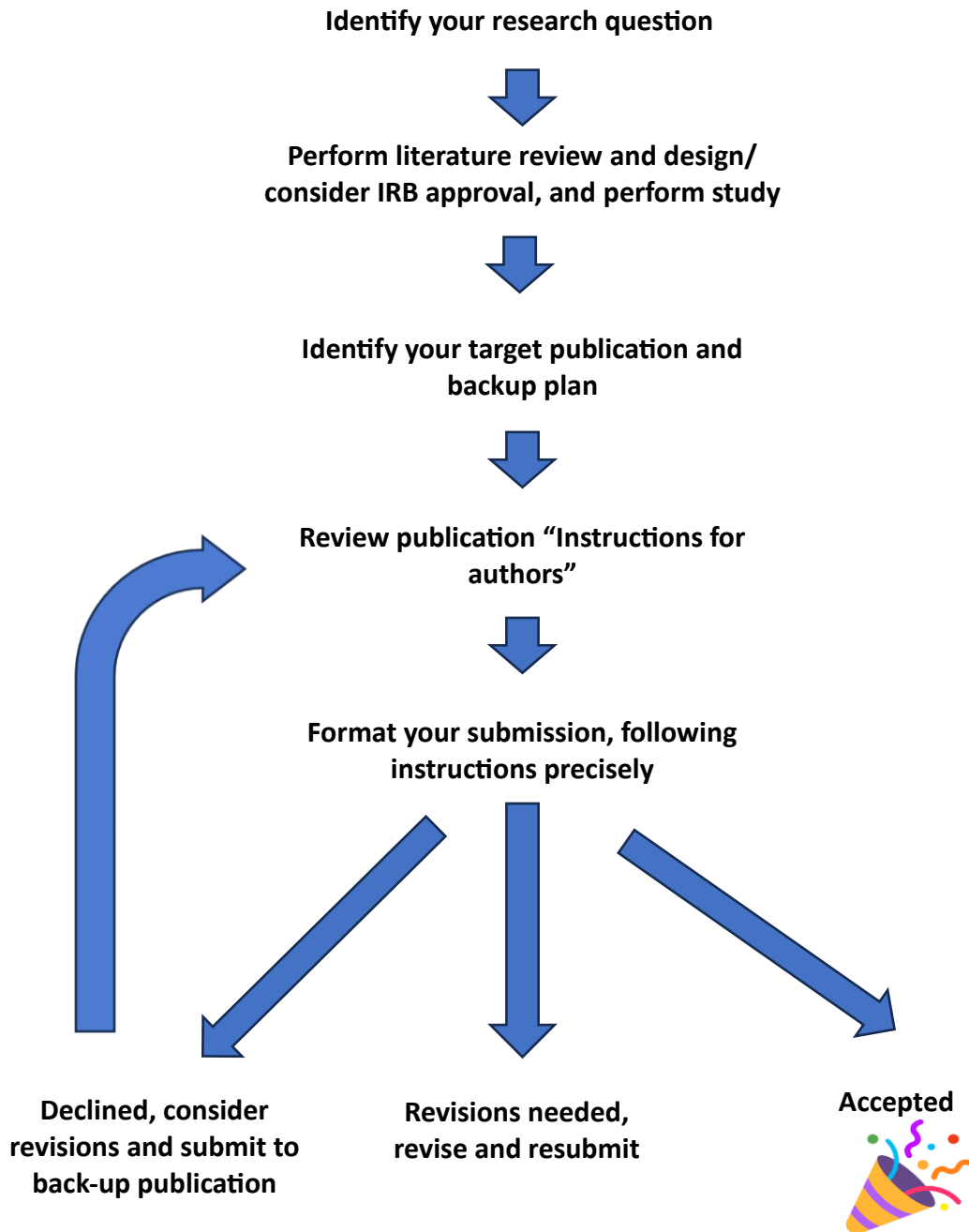
Identify your research question, perform a literature review, and design your study.

Does your project need Institutional Review Board (IRB) approval?

- All human research studies generally require IRB approval.
- Quality Improvement projects are often exempt from IRB approval, but when in doubt, it is easier to request exemption up front.
- **How do I get IRB approval?**
 - Your institution may have its own IRB, but not all hospitals do. You may have to look outside your institution for IRB approval.
 - Regardless of which IRB will review your project, there are step-by-step instructions available on each IRB's website that walk you through the process. However, it is often helpful to find a mentor who has previously applied for IRB approval.
 - Getting IRB approval can be a lengthy process, so start early.
 - [FAQs](#)

When you complete your work, write it up!

- Consider reaching out to a publication's editor with a friendly email first and introduce yourself.
 - "I am writing an article on (*insert topic*) and would like to know if this is something you might be interested in publishing. Publications are constantly looking for quality content and editors and are often eager to find new writers and topics.
- When submitting to a journal, be sure to read their instructions to authors and submission guidelines.
- Follow the journals requirements including font and formatting and reference formatting.
- Most journals will require a manuscript (often blinded), abstract, figures with legends, appendix, cover letter, title page.
- Remember to edit very carefully, not only for content, but also for grammar and spelling.



Choosing the Right Journal:

If you choose to submit to a journal, it is critical to choose the “right” one!

When deciding where to publish, review the “About” the journal or “Aims and Scoop” sections on their websites. These resources can help with your approach to publication. It can be hard to determine what the “best” journal is. Impact factors are used as a proxy for the relative importance or ranking of a journal, but this measurement is limited. You can use the list below to target an emergency medicine journal; however, remember that you may also submit to other journals that support your work’s niche. For example, you may want to consider toxicology and addiction journals, policy journals, medical education journals, etc.

List of Emergency Medicine Journals:

- Academic Emergency Medicine
 - [Website](#)
 - [Instructions for authors](#)
- The American Journal of Emergency Medicine
 - [Website](#)
 - [Instructions for authors](#)
- Annals of Emergency Medicine
 - [Website](#)
 - [Instructions for authors](#)
- Canadian Journal of Emergency Medicine
 - [Website](#)
 - [Instructions for authors](#)
- Critical Care and Resuscitation
 - [Website](#)
 - [Instructions for authors](#)
- Emergency Medicine Journal
 - [Website](#)
 - [Instructions for authors](#)

- Emergency Medicine Clinics North America
 - [Website](#)
 - [Instructions for authors](#)
- European Journal of Emergency Medicine
 - [Website](#)
 - [Instructions for authors](#)
- Internal and Emergency Medicine
 - [Website](#)
 - [Instructions for authors](#)
- International Journal of Emergency Medicine
 - [Website](#)
 - [Instructions for authors](#)
- Journal of Emergency Medicine
 - [Website](#)
 - [Instructions for authors](#)
- Journal of Emergency Medical Services
 - [Website](#)
 - [Instructions for authors](#)
- Journal of Intensive Care
 - [Website](#)
 - [Instructions for authors](#)
- Journal of Trauma and Acute Care Surgery
 - [Website](#)
 - [Instructions for authors](#)
- Prehospital Emergency Care
 - [Website](#)
 - [Instructions for authors](#)
- Prehospital and Disaster Medicine
 - [Website](#)
 - [Instructions for authors](#)

- Pediatric Emergency Care
 - [Website](#)
 - [Instructions for authors](#)

- Resuscitation
 - [Website](#)
 - [Instructions for authors](#)

- Shock
 - [Website](#)
 - [Instructions for authors](#)

- Western Journal of Emergency Medicine
 - [Website](#)
 - [Instructions for authors](#)

- World Journal of Emergency Medicine
 - [Website](#)
 - [Instructions for authors](#)

- World Journal of Emergency Surgery
 - [Website](#)
 - [Instructions for authors](#)