



Parenting in Emergency Medicine: Resources

Preparing to Parent

- There are many resources on this:
 - [Is There Any Way to Emotionally Prepare for Parenthood?](#)
 - [Tips and Advice for Emotionally Preparing for a Baby](#)
 - [Dr. MILK](#)
 - [Home - Welcome To Physicians Mom's Group](#)
 - [Homepage | La Leche League International](#)
 - [Mayo Clinic Guide to a Healthy Pregnancy: From Doctors Who Are Parents, Too!](#)
 - [HealthyChildren.org - From the American Academy of Pediatrics](#)



Best-Practice Recommendations for Clinical Scheduling During Pregnancy

*By Larisa Coldebella, MD; and Alicia Pilarski,
DO | on August 20, 2019*



The Policies:

ABEM Parental Leave (Residency)

- ABEM has approved a new policy that allows residents two additional weeks per year to accommodate leaves of absence for parental, caregiver, and medical leave.
- This means a potential 8 weeks (including vacation), without extension of training.
- *At discretion of your PD*



The Policies: **ACGME** Parental Leave (Residency)

IV. H: ...This policy must provide residents/fellows with a **minimum of six weeks of approved medical, parental, and caregiver leave(s) of absence** for qualifying reasons ... and at any time during an ACGME-accredited program, **starting the day the resident/fellow is required to report;**



Questions? Reach out to us!

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