



Regional Anesthesia Skills Lab

Course Description

This hands-on, interactive skills lab will focus on a variety of easily performed regional nerve blocks which can be used for numerous assorted wounds and injuries involving the hands, feet and face and even teeth. Using small group teaching, a multimedia approach and anatomic models, participants will have the opportunity to learn about, and practice these simple but highly useful blocks.

Credit Designation

AAEM designates this educational activity for a *maximum of 3.75 AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Learning Objectives

At the completion of the session, you will

1. Review the basic anatomy and innervation patterns of the hand, foot and face.
2. Discuss the medications used for nerve blocks.
3. Learn the indications and contraindications as well as complications in the performance of these nerve blocks.
4. Learn and “practice” common ED nerve blocks.
5. Review the pitfalls to avoid when performing these blocks.

Course Schedule:

Sunday, February 14, 2010
1:00pm – 5:00pm

Part 1: Facial and Dental blocks

Periauricular field block
Supraorbital and supratrochlear
nerve
Infraorbital nerve
Mental nerve
Mandibular nerve
Dental block (individual teeth)

Part 2: Hand and Wrist blocks

Median nerve
Ulnar nerve
Radial nerve
Digital nerves

Part 3: Foot and ankle blocks

Posterior tibial nerve
Sural nerve
Superficial and Deep peroneal nerve
Saphenous nerve

Course Director

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Faculty

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